

Massage & Hydrotherapy

Course Length

2 year Diploma
2200 Hours

Program Start

March & September

College Week

Monday to Thursday
No classes on Friday
unless scheduled.

Entrance Requirements

- 18 years of age
- Grade 12 diploma or equivalent
- A completed intake package submitted with required supporting documentation

How to Apply

Contact Admissions for an appointment.

Tuition and Financial Aid

Canada and Saskatchewan Student Loans are available to qualified students.

PROGRAM OVERVIEW

Our curriculum is designed with the intention of giving each student an opportunity to establish a solid understanding of the human body while building a concurrent knowledge and skill level in the clinical applications of massage therapy. Over the two year program, students integrate the academic and practical subjects through class discussion/practice and by participating in clinical internships, outreaches and field placement.

Ultimately, it is through these diverse experiences that students gain the skill and confidence to practice successfully as professional massage therapists. Our teaching faculty are dedicated to fostering a humanistic, interactive and positive school environment which enriches the quality of learning experiences for all.

TEACHING CLINIC

Our Teaching Clinic is open to the public. It provides opportunity for students to practice as an intern massage therapists in a clinical setting under supervision. The management expertise gained by students is essential for preparing you to become an entrepreneur or to own a private practice.

Training People Successfully Since 1982!

CALL 306-955-1616

133 3rd Avenue North
Saskatoon, SK S7K 2H4
admissions@mckaysk.ca
www.mckaysk.ca



Program Components

Employment Opportunities

- Massage Therapy Clinics
- Chiropractic Offices
- Fitness Institutes
- Rehabilitation Centers
- Extended Health Care Facilities
- Aesthetic Spas
- Professional/Amateur Sports Teams
- Private Practice
- Hotels, Resorts and Cruise Ships

PROUD MEMBER OF MASSAGE
THERAPY ASSOCIATION OF
SASKATCHEWAN (MTAS)



MTAS

Massage Therapist
Association of Saskatchewan

YEAR ONE

Term 1

- Medical Terminology
- Massage Theory & Practice I
- Physiology
- Musculoskeletal Anatomy
- Communications and Ethics
- CPR and First Aid

Term 2

- Clinical Assessments
- Massage Theory & Practice II
- Gross Anatomy
- Systemic Anatomy & Physiology II
- Introduction to Remedial Exercise
- Pathology I
- Communications and Ethics
- Clinical Practicum - Student-In House Clinic

YEAR TWO

Term 3

- Advanced Massage Theory & Practice
- Pathology
- Advanced Physiology
- Joint Mobilization
- Sports Massage Theory & Practical
- Advanced Clinical Assessments
- Advanced Anatomy
- Nutrition/Remedial Exercise
- Hydrotherapy
- Clinical Practicum - Student-In House Clinic

Term 4

- Advanced Massage Theory & Practice
- Research
- Advanced Pathology
- Kinesiology
- Business Practice and Developments
- Shiatsu Massage
- Myofascial Release
- Public Health
- Cranial Sacral
- Clinical Practicum - Outreach
- Clinical Practicum - Student-In House Clinic

